

Comparison Chart of Mental Disorders Instruments

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Instrument's name	Patient Health Questionnaire Screener (PHQ Screener)	World Health Organization Composite International Diagnostic Interview Short Form (WHO CIDI-SF)	Kessler-10 Scale (K10)	Center for Epidemiologic Studies Depression Scale (CES-D SCALE)
Author(s)	R.L. Spitzer, J. B.W. Williams, K. Kroenke	R.C. Kessler, G. Andrews, D. Mroczek, T.B. Üstün, H.U. Wittchen	R.C. Kessler, G. Andrews, L.J. Colpe, E. Hiripi, D.K. Mroczek, S.L.T. Normand	L. Radloff
Link	http://phqscreeners.com/	http://www.hcp.med.harvard.edu/wmhcid/index.php	http://www.hcp.med.harvard.edu/ncs/k6_scales.php	
Main topic	Mental disorders	Mental disorders	Mental disorders	Mental disorders
Objectives	To assess mental disorders, functional impairment and recent psychological stressors.	To provide a quick screen for the most commonly occurring psychiatric disorders.	To discriminate cases of serious mental illness (SMI) from non-cases.	To assess symptoms of depression.
Domains /Categories covered	Depression Anxiety Sleep disorders Eating and drinking disorders Common physical symptoms in primary care	Major depressive episodes Generalized anxiety disorder Simple phobia Social phobia Agoraphobia with or without panic Panic attacks Alcohol dependence Drug dependence	Serious mental illnesses	Depressed mood Feelings of guilt and worthlessness Feelings of helplessness and hopelessness Psychomotor retardation Loss of appetite Sleep disturbance
Population targeted	No information available	General population	General population	General population
Time recall	Over the last 6 months	Over the last 12 months	Over the last month	Over the last week
Number of items	11 Questions	42 sections	10 Questions	20 Questions
Time of completion	No information available	10 min	5 - 10 min	10 min
Administration mode	Self-administered	Interviewer-administered (face-to-face interviews in paper format or Computer Assisted Personal Interviews)	Self-administered Interviewer-administered	Self-administered Computer-administered
Language (available translations)	About 23 languages	English	About 10 languages	About 3 languages
Copyright	© 2008 Pfizer Inc.	© 2004 World Health Organization	© 2005 Harvard School of Medicine	No information available
Conditions of use	Free access (in accordance with the Terms of Use available at http://phqscreeners.com/terms.aspx)	No information available	Free access (No formal request needed but a citation would be appreciated)	No information available
References	Spitzer R.L., Kroenke K. and Williams J.B. (1999). Validation and utility of a self-report version of PRIME-MD: the PHQ primary care study. Primary Care Evaluation of Mental Disorders. Patient Health Questionnaire. <i>JAMA</i> . Nov 10; 282 (18): 1737-44.	Kessler R.C., Andrews G., Mroczek D., Üstün T.B. and Wittchen H.U. (1998). The World Health Organization Composite International Diagnostic Interview Short Form (CIDI-SF). <i>International Journal of Methods in Psychiatric Research</i> , 7 : 171-185.	Kessler R.C., Andrews G., Colpe L.J., Hiripi E., Mroczek D.K., S.L.T. Normand (2002), Short screening scales to monitor population prevalences and trends in non-specific psychological distress, <i>Psychological Medicine</i> , 32 : 959-976. T.A. Furukawa, R.C. Kessler, T. Slade, G. Andrews (2002), The performance of the K6 and K10 screening scales for psychological distress in the Australian national survey of mental health and well-being, <i>Psychological Medicine</i> , 33 : 357-362.	Radloff L.S. (1977) The CES-D scale: A self report depression scale for research in the general population. <i>Applied Psychological Measurement</i> 1 : 385-401. Maruish M.E. The use of psychological testing for treatment planning and outcomes assesment Third Edition Volume III Chapter 40.
Additional comments	There are 2 other versions of the PHQ Screener: the Brief PHQ Screener (which assesses depression, anxiety, psychological stressors, and women's reproductive health) and the PHQ-9 Depression Screener, a tool specific to depression, developed for use in primary care (it is a self-administered version of the Primary Care Evaluation of Mental Disorders (PRIME-MD) diagnostic instrument developed in the mid-1990s by R.L. Spitzer and K. Kroenke at Columbia University).		There is also a truncated form of the K10, in which four questions have been deleted, called the Kessler-6 Scale (K6).	